

# Our Lady of Sorrows Church

## Schedule for Lent, Holy Week, Easter, and Divine Mercy -- 2018

### Ash Wednesday – February 14

8:00 A.M. Holy Mass and distribution of ashes – Church (English)

10:00 A.M. Liturgy of the Word and distribution of ashes – Church  
(OLS School — *but everyone is welcome*)

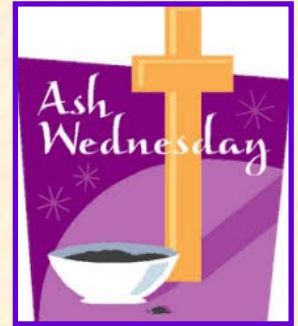
12:00 Noon Holy Mass and distribution of ashes – Church (English)

2:00 pm Liturgy of the Word and distribution of ashes – Chapel (Spanish)

4:00 pm Liturgy of the Word and distribution of ashes – Church (English)

5:30 P.M. Holy Mass and distribution of ashes – Church (Spanish)

7:00 P.M. Holy Mass and distribution of ashes – Church (English)



*Fast (reduced food) and abstinence (no meat)*



### Every Friday in Lent

6:15 P.M. Stations of the Cross (in English) in the Chapel  
*except Good Friday*

*ALL Fridays of Lent are days of Abstinence (no meat)*



### Week of Repentance



English Parish Mission — Monday & Tuesday, February 26 & 27 at 7:00 P.M. (Chapel)

Lenten Penance Service (bi-lingual) — Wednesday, February 28 at 7:00 pm in the Main Church

Spanish Parish Mission — Thursday & Friday, March 1 & 2 at 7:00 P.M. (Chapel)

### Holy Week

Palm Sunday – March 24/25 — Regular Mass schedule

Holy Thursday – March 29

7:00 P.M. Mass of the Last Supper, Washing of the Feet, and  
Procession – Main Church (English)

8:00 P.M. – Midnight Adoration of the Blessed Sacrament – Chapel  
*Parish office closed at noon*

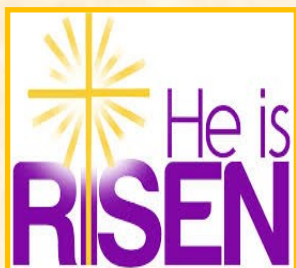
Good Friday – March 30

3:00 P.M. Stations of the Cross (live presentation) – Main Church (English)

7:00 P.M. Good Friday services (Readings, Passion, Adoration of the Cross,  
Holy Communion) – Main Church (Bi-lingual)

*Fast (reduced food) and abstinence (no meat)*

*Parish office closed all day*



Holy Saturday – March 31

8:00 P.M. New Fire, Readings, Baptism,

and Holy Mass of the Resurrection – Main Church (Bi-lingual)

Only Mass of the Day Confessions from 10:30 A.M. – 11:30 A.M.

*Parish office closed*

*Easter Sunday – April 1*

Regular Sunday Mass schedule (7:30, 9:00, & 10:45 A.M. - Eng.; 12:30 P.M. - Span.)

*Parish office closed Easter Sunday and Easter Monday*

### Divine Mercy Novena and Chaplet

English – in the chapel

Good Friday, Holy Saturday, Easter Sunday – 6:00 P.M.

Monday, April 2 – Friday, April 6 – 6:15 P.M.

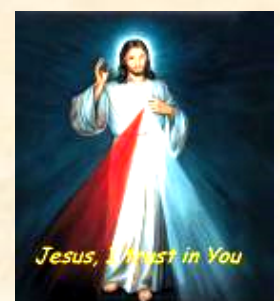
Saturday, April 7 – 6:30 P.M.

Spanish – in the Chapel – Good Friday – Saturday, April 7 – 4:30 P.M.

**All-night vigil – beginning at 7:00 pm April 7 – 7:00 am April 8 -**

Divine Mercy Sunday April 8 (Bi-lingual) – 2:00 P.M. Holy Hour;

3:00 P.M. Chaplet; 3:30 P.M. Benediction



# DIOCESE OF BROWNSVILLE

## 2018 Guidelines for Lent

The time of Lent is to be observed by Catholics as a special season of prayer, penance, and works of charity.

**Fast and Abstinence:** Ash Wednesday and Friday of the Passion and Death of Our Lord are the most important penitential days of the liturgical year. They are days of both fast and abstinence. All Fridays in Lent are days of abstinence.

**Canon 1250 states:** All Fridays through the year and the time of Lent are penitential days and times throughout the entire Church.

**Canon 1251 states:** Abstinence and fast are to be observed on Ash Wednesday and on the Friday of the Passion and Death of Our Lord Jesus Christ.

**Canon 1252 states:** All persons who have completed their fourteenth (14th) year are bound by the law of abstinence; all adults (18+ years of age) are bound by the law of fast up to the beginning of their sixtieth (60th) year. Nevertheless, pastors and parents are to see to it that minors who are not bound by the law of fast and abstinence are educated in an authentic sense of penance.

In the United States, fasting on all weekdays of Lent is strongly recommended; on all Fridays of the year, the USCCB recommends that we select one or more of the following: abstinence from meat, prayer, penance (especially by eating less food) and almsgiving, for the sake of world peace.

The rule of fasting states that only one full meal may be taken per day. Two small meals, "sufficient to maintain strength," are allowed but together they should not equal another full meal. Eating between meals breaks the fast but drinking liquids does not.

Abstinence refers to the eating of meat of warm blooded animals (e.g. beef, lamb, chicken, pork). Under the present law, it does not include egg or milk products, meat broth or gravies.

The substantial observance of the laws of fast and abstinence is a serious obligation. Those who are not able to observe the laws because of work or health related issues are excused from fasting and abstinence. The individual conscience can decide if there is a proper cause to excuse. A more serious reason should be present to excuse from the Ash Wednesday and Good Friday penance.

Parents and teachers should see to it that even those who are not bound by the laws of the fast and abstinence because of age are brought up in an atmosphere that is conducive to a sense of penance.

**Sacrament of Penance and Reconciliation:** The faithful should be clearly and positively encouraged to receive the Sacrament of Penance during Lent. There should be adequate time scheduled for Confessions before Easter. When Penance services are celebrated for a large group of the faithful, individual confession and absolution is required for each penitent. Although group penance services should not be scheduled for the last days of Holy Week, any reasonable request for the sacrament by an individual should be honored, even during the Triduum (cf. Canon 986). It is fitting that a parish-wide Penance liturgy take place toward the end of Lent.

The duty to confess at least once a year applies only to "serious sins" (Canon 989). For the integrity of the sacrament, a member of the Christian faithful is obliged to confess in kind and in number all serious sins committed after baptism and not yet directly remitted through the keys of the Church nor acknowledged in individual confession, of which one is conscious after diligent examination of conscience. (Canon 988 #1). The practice of confessing only a sin or sins of personal choice is, therefore, reprobated. It is recommended to the Christian faithful that venial sins also be confessed. (Canon 988 #2)

**Easter Duty:** All the faithful, after they have been initiated into the Most Holy Eucharist, are bound by the obligation of receiving Holy Communion at least once a year, ordinarily, during the Easter Season.

**Baptisms, First Holy Communions, and Weddings:** Lent is a time of special penance and preparation, not of special celebrations. The celebration of Sacraments of Initiation and of Weddings is discouraged during Lent, but not strictly prohibited if there is sufficient pastoral need. In the event of such need, it is strongly preferred that any of these sacraments NOT be conferred during a regular celebration of the Sunday Eucharist, and that they be characterized by simplicity and the spirit of the season.

**Funeral Masses:** Funeral Masses are not allowed on Holy Thursday, Good Friday or Holy Saturday. The Funeral Rite outside of Mass, however, can be held either in church or chapel on those days, with a memorial Mass after Easter.